

You are invited!

Milwaukee  Succeeds
cradle to career

2018-2019

SEL PROFESSIONAL DEVELOPMENT SERIES

COME JOIN US:

Tuesday, **August 28th**
Networking 9:00am-9:30am
Workshop 9:30am-12:00pm

This workshop is FREE.
A light brunch will be provided.

LOCATION:

Neighborhood House
2819 W Richardson Place
Milwaukee, WI 53208

Street parking available.
Use West Lobby Entrance.

FACILITATED BY:

UBUNTU
RESEARCH &
EVALUATION, LLC

QUARTER 1: SELF-AWARENESS & SELF-MANAGEMENT

MANAGERS/DIRECTORS

Community based organizations can intentionally integrate social emotional learning practices and policies to improve outcomes. These trauma sensitive practices help us provide a safe and supportive environment for the young people impacted by our work. They also help us create an organizational culture that make people look forward to coming to work each day!

Managers /Directors play a critical role in this process. You are required to lead and support your team while serving as the connection between what happens on the ground each day and Executive leadership. You manage several operational tasks that provide the backbone for the organization to function. You have to factor in the many other stakeholders that your work impacts. You are also trying to model the values and beliefs that guide your mission driven work. To do these tasks well -and the many other things that come up- you need to bring your best self each day to work.

This 2 ½ hour workshop will explore The CASEL competencies of Self-Awareness and Self-Management as a way to navigate some of the unique challenges Managers/Directors face.

Participants can expect to:

- **Assess your own leadership style** and explore the art of adaptive leadership as a tool for creating an SEL friendly culture in your organization.
- **Explore how to manage change** during the times when we need to do something different to get a better outcome.
- **Practice stress management techniques** that serve as a reminder that self-care is central to the process.
- **Actively engage with others** who play similar roles that can become a resource to you moving forward!

What you will leave with:

- A better understanding of your leadership style and when it is most effective.
- Practical tools for managing change in an ever changing environment.
- Stress management techniques that take little time but have a big impact!

RSVP at: